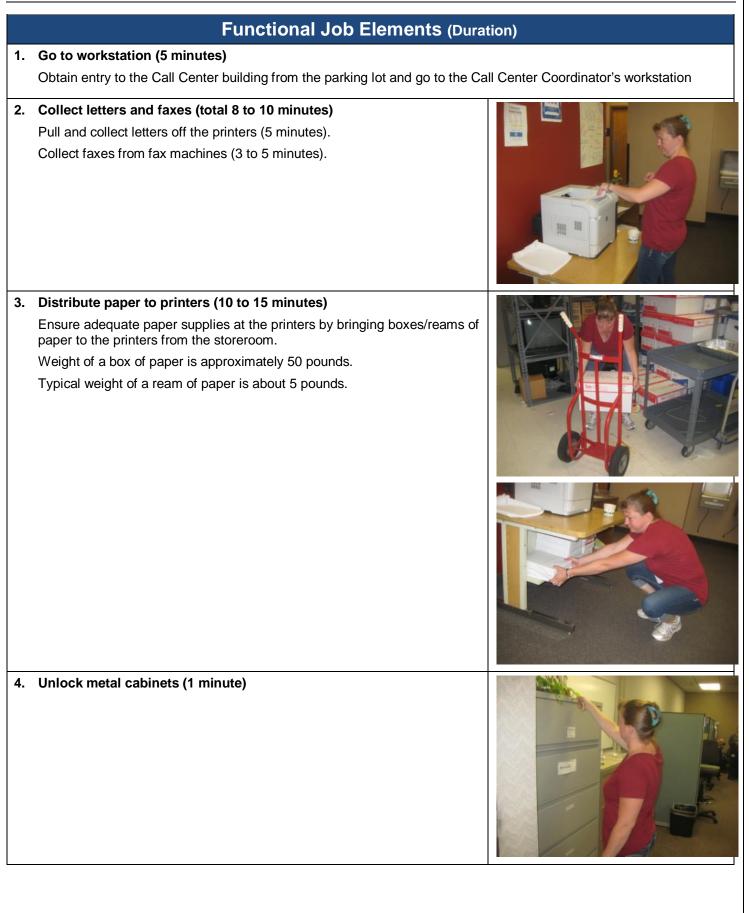
Date: 5-28-14

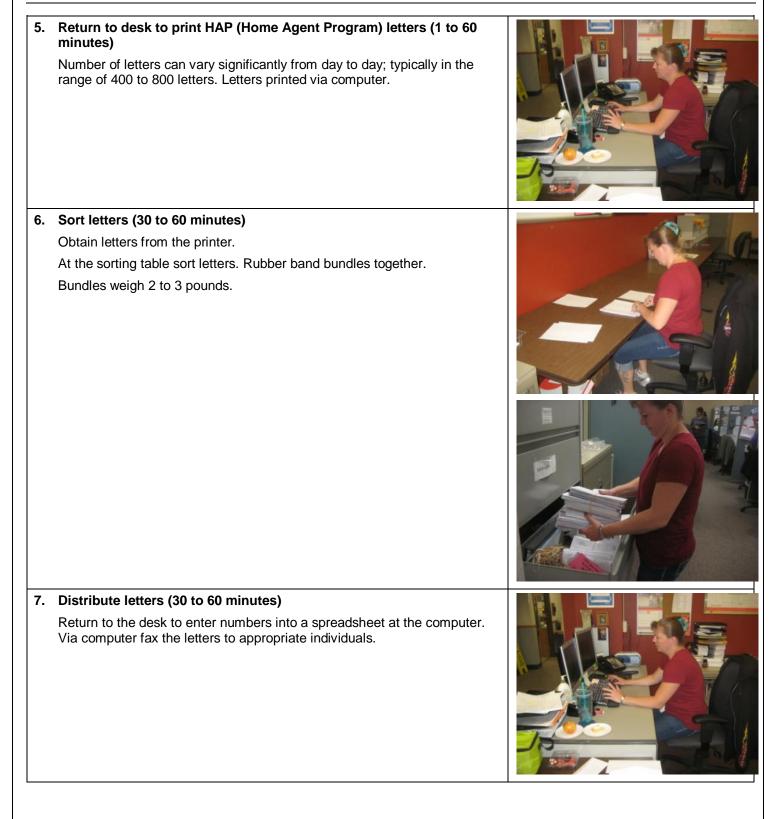
# **Functional Job Description:**

Company:		Blues	tem Bra	ands, Inc.								
Job Title:				Coordinator	_ 2	-						
Date:		5-28-			a 1=							
Dept/Facility	,-			St. Cloud, MN			12 m					
Product Sec			mer Se	-					CIVER SE			
				nter Coordinator		-						
Electronic D	oc. #		4 FINA			1						
Work	Over	time:		ary and/or manda ction requirements			Breaks: Tw	Breaks: Two 15 minute breaks.				
Hours	Sh	ift:		Days of w				Time	):			
	Fi	rst		Monday throug (40 hour wor				7:00 AM to 3	3:00 PM			
Job Rotatio	n		Yes									
Job Trainin	aor		Educa	ation/ training:	High Schoo	ol Diplo	oma or GED.					
Credentials at Hire		iired		ledge/ tive skills:					ation skills preferred. dently or as part of a			
Machines, ⊺ Equipment			hands workst	et, storage room k	keys, laminatii	ng mad	chine, paper cutt	er, rolling cart	one ear), telephone , two wheel dolly, chair, ator, white out, staple			
Job Purpos Objectives	e/		enviro manne and ba include	er. This includes s	ganization an orting and de omer letters a <i>n Customer S</i> paring	d depa livering nd wor ervice Open incom Order suppl	artment procedur mail, ordering s king back office <i>Representative</i> sort and deliver ing mail and distribute	res to complet supplies, daily functions as <i>job description</i> • Ke cle • W fu	te tasks in a timely trip to the warehouse needed. Specifically			
Safety and PersonalHard H Face SProtective Equipment RequiredDust M Face S			nield	<ul> <li>Steel Toe Foo</li> <li>Protective Clo</li> <li>Safety Vest</li> <li>Fall Protection</li> <li>Back Support*</li> </ul>	thing Harness	□ Sa □ Sa □ He □ Co	ifety Glasses ifety Glasses/Sid ifety Goggles earing Protection <sup>*</sup> ompensatory met tigate heat		Gloves: Leather Rubberized/cloth* Chemical			
Break Safety/ • Safet			s (inclu y Topics		Industrial Tro	rehous	-	Regulation	e Safety Orientation			
Equipment Training/			y Policie		Walkie-Ric			Right to				
Certification	า	Ques						Lockout/Tag Out				
Required		<ul> <li>Revie</li> <li>Minut</li> </ul>		y Committee	Forklift (sit	-		Regulated Materials Training (ORM-D)				
					Stand-up Order Pic			Supervisor Safety Updates				

Date: 5-28-14

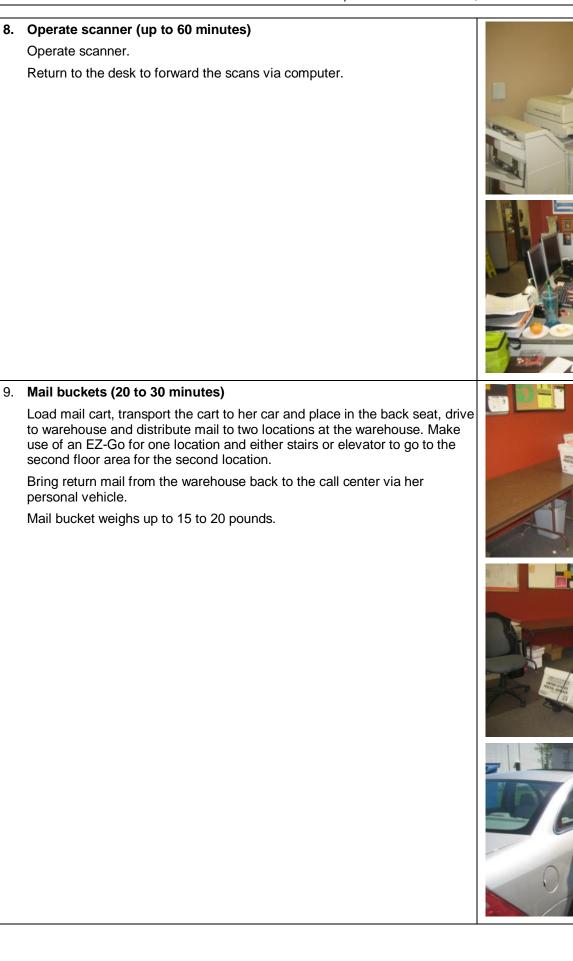
Page 2





Date: 5-28-14

Page 4



Job Title: Call Center Coordinator	Functional Job Description	Bluestem Brands, Inc.	Date: 5	-28-14	Page 5
<b>10. Sort mail (20 minutes)</b> Sort mail on the mail sorting ta Distribute mail to Call Center of		g.			
<b>11. Distribute catalog boxes (10</b> Distribute catalogs by hand ca Bundle of catalogs weighs 5 to	arrying to various departments	s as needed.			
<ul> <li>12. Corporate callbacks (through day)</li> <li>At the computer workstation per corporate callbacks is determined</li> </ul>	erform corporate callbacks. N	leed to perform			

Performs the task at her computer workstation. Make use of computer and telephone headset (handset is pictured but typically headset is used).

#### 13. Trash to dumpster (as needed)

Take trash to the outside dumpster as needed, typically hand carried. Trash bag may weigh 7 to 10 pounds.

14. Organize storage room (as needed)

Keep storage room clean and orderly. Handles variety of boxes, materials, etc. in the storage room. Weight can vary from a few pounds to 50 pounds.

#### 15. End of shift shutdown (2 to 3 minutes)

Clock out and turn off computer system. Exit the building to the parking lot.

### Page 6

## **Physical Factors**

	Manual Material Handling																																		
(lbs)	Flo	or-K tc	(nuc o 30'	:kle ')	(0"	K		kle- '' to			Cł		-Ove > 50		ad	H	Car lanc	ry - <sup>-</sup> ds; F	Fwo Fron	ł				One Side			l	Push	1				Pull		
100																																			
75																																			
50																																			
25																																			
15																																			
10																																			
5																																			
0																																			
Exp	Ν	R	0	F	С	Ν	R	0	F	С	Ν	R	ο	F	С	Ν	R	0	F	С	Ν	R	0	F	С	Ν	R	0	F	С	Ν	R	0	F	С

	Postures/Movements													Head/Neck							
Exp	Sit	Stand	Walk	Bal	Stairs	Lad- der	Foot contrl	Twist Waist	Bend Waist	Squat	Kneel	Crawl	Reach below 54"	Reach above 54"	Flex Static	Ext Static	Rot Static	Flex Dyn	Ext Dyn	Rot Dyn	
С																					
F																					
0																					
R																					
Ν																					

	Han	d Use			S	ensor	у		Co	ommu	nicati	on		C - Continuous: 67 to				
Fyn	Simple Grasp	Firm	Fine	See	Hear	Touch Feel	Taste	Smell	Talk	Read	Write	Hand		100% of shift				
	Grasp	Grasp	Manip	000	neur	Feel	Tuble	omen	T CHIX	Redu	<b>WING</b>	Signal		F - Frequent: 34 to 66% of shift				
С													Key	O - Occasional: 6 to 33% of shift				
F														R - Rarely: up to 5% of shift				
ο														N - Never: 0% of shift				
R														iations: Bal=Balance,				
														<pre>kp=Exposure, Contrl=Control, ex=Flexion, Ext=Extension,</pre>				
Ν														namic, Manip=Manipulation				

Environmental Factors	Exposure Level												
Environmental Factors	Ν	R	0	F	С	Key/Comments							
Outdoor Work						C - Continuous: 67 to 100% of shift							
Indoor Work						F - Frequent: 34 to 66% of shift							
Heat						Key O - Occasional: 6 to 33% of shift							
Cold						R - Rarely: up to 5% of shift							
Wet/ Humid						N - Never: 0% of shift							
Hearing Protection						Comments:							
Vibration						<b>Indoor Work:</b> Primary work area is a large open concept floor plan with cubicles with HVAC controlled environment.							
Fumes/Gases/Orders						Secondary work area is a large indoor warehouse complex.							
Dust						Heat: Based on external temperature, occasionally performs job tasks in hot indoor environment; warehouse complex is n							
Moving Objects						air-conditioned. Large fans are used for ventilation.							
Electrical						Moving Objects: Be aware of and avoid moving objects							
Chemical						- including equipment.							
Protected Work Heights						1							
Unprotected Work Heights						1							
Flying Debris						1							
Lighting (Inadequate/Excessive)						1							

# Position eligible to be considered for temporary modification in conjunction with a Return to Work transitional duty program agreement: Yes

This Functional Job Description was completed through an on-site job analysis by a certified professional ergonomist/licensed physical therapist. It is for the purpose of identifying and quantifying the physical functional requirements of this job. The Functional Job Description should not be construed as a detailed description of all specific job duties and/or tools, equipment and materials that may be necessary or incidental to the performance of this job. Further consideration may be necessary when applying the standards to the injured population in the medical management process.

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Mark A Anderson, MA, PT CPE Certified Professional Ergonomist Licensed Physical Therapist

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8 Juloberry

Jeff Wolseth Manager - Occupational Safety and Health

anette Attermein

Danette Petermeier Supervisor - Customer Service