Training/

Certification Required

# **Functional Job Description: Nonconvey Pick/Pack SO**

Company:	Bluestem Brands, Inc.
Job Title:	Nonconvey Pick/Pack SO (Single Oversize)
Date:	9-20-17
Dept/Facility:	DC, St. Cloud, MN
<b>Product Section:</b>	Outbound
Electronic Doc. #	FJD Nonconvey Pick Pack SO 9-2017 FINAL
	00 0 2017 1 HVAL





☐ Lockout/Tag Out

(ORM-D)

☐ Regulated Materials Training

	30 8	9-2017 F	INAL								
	Overtime:	Volunta produc		Breaks: 10 minutes every two hours, one 30 minute lunch break.							
Work	Shift:		Days of w	veek:				Time	:		
Hours	First		Monday-F	riday	8:00 AM to 4:30 PM						
	Second		Sunday-Th	ursday			4	1:30 PM to	1:00 AM		
Job Rotatio	n	Yes									
Job Trainin	a or	Educa	ation/ training:	None requi	ired; hi	gh school c	diplom	a or GED p	referred.		
Credentials at Hire			rledge/ tive skills:			ding, writing and oral communication skills preferre ze work tasks and work independently or as part of					
Machines, To Equipment U		RDT/li recept		er, hand tape	er, pens	s, markers,	xers, knife, scissors, EZ-GO, garbage				
Job Purpos Objectives							ecause of weight and Picker maneuvers EZ-				
Safety and Personal Protective Equipment Required *Available	☐ Face	☐ Face Shield [		<ul> <li>Steel Toe Footwear</li> <li>□ Protective Clothing</li> <li>□ Safety Vest</li> <li>□ Fall Protection Harness</li> <li>☑ Back Support*</li> </ul>			les ection	e Shields * :hods to	Gloves:  Leather  Rubberized/cloth*  Chemical		
	⊠ Daily Breal	g and Stretch des:)	Industrial Truck Training				OSHA Training (Rules and Regulations)				
Safety/	• Safe	ety Topic	cs	⊠ EZ-Go				New Hire Safety Orientation     ■			
Equipment Training/	• Safe	ety Polic	ies	☐ Walkie-R	lider	☐ Right to K			Know		

☐ Pallet Jack

☐ Forklift (sit down)

Questions & Answers

Minutes

• Review Safety Committee

# **Functional Job Elements**

### % of Shift

### 1. Hook up EZ-GO to cart

- Drives EZ-GO to connect to the cart.
- May push/pull empty cart if needed. (up to 25# of push/pull force).





2

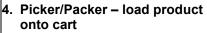
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# 2. Picker - maneuver EZ-GO and cart through warehouse

- Operates the handheld RDT
- · Work as a team of two with Packer drives EZ-GO/pulls cart to pick nonconvey product (nonconvey: product that because of weight and size, cannot be conveyed on the warehouse conveyance system).



 Work as a team of two with Picker drives EZ-GO to follow Packer to assist with team lift of items and prepare/place shipping labels on the product box.



- Working as a team of two load items from pallets on the floor onto the cart.
- Lifts, pushes and pulls items to load onto the cart.
- To obtain items may reach into the racking to gain access.
- Picks about 12 to 15 items per cart.
- Some items may be stacked on the cart up to a height of about 60".
- Weight range: up to 130#, with average of about 50#

#### 5. Returns cart to Packing area

• When full cart has been picked returns cart to packing area and disconnects cart from the EZ-GO.





















2

Exp N

#### **Physical Factors Manual Material Handling** Carry - Two Hands; Front **Chest-Overhead** Carry - One Hand; Side Floor-Knuckle (0" Knuckle-Chest (lbs) Push Pull (30" to 50") to 30") ( > 50") 100 **75** 65 40 25 10 5 0 R 0 F С N R 0 F С N R 0 F С N R 0 F С N R 0 N R 0 F С O F С

Postures/Movements														Head	Neck			
Ехр	Sit	Stand	Walk	Bal	Stairs	Lad- der	Foot contrl	Twist Waist	Bend Waist	Squat	Kneel	Crawl	Reach below 54"	Reach above 54"	Flex Static	Ext Static	Rot Static	Flex Dyn
С																		
F																		
0																		
R																		
N																		

	d Use			S	ensor	У	Communication				
Simple Grasp	Firm Grasp	Fine Manip	See	Hear	Touch Feel	Taste	Smell	Talk	Read	Write	Hand Signal
	imple Brasp	imple Firm Grasp	imple Firm Fine Grasp Manip	imple Firm Fine Grasp Manip See	imple Firm Fine Grasp Manip See Hear	imple Firm Fine Grasp Manip See Hear Touch Feel	imple Firm Fine Grasp Manip See Hear Touch Feel Taste	imple Firm Fine Grasp Manip See Hear Touch Feel Taste Smell	imple Firm Fine Grasp Manip  See Hear Touch Feel Taste Smell  Talk	imple Firm Fine Grasp Manip  See Hear Touch Feel Taste Smell Talk Read	imple Firm Grasp Manip  See Hear Touch Feel Taste Smell  Talk Read Write  Talk Read Write

Key	C - Continuous: 67 to 100% of shift						
	F - Frequent: 34 to 66% of shift						
	O - Occasional: 6 to 33% of shift						
	R - Rarely: up to 5% of shift						
	N - Never: 0% of shift						
Abbreviations: Bal=Bal,							
Exp=Exposure, Contrl=Control, Flex=Flexion, Ext=Extension, Dyn=Dynamic, Manip=Manipulation							

N R

Ext

Dyn

Rot

Dyn

# Position eligible to be considered for temporary modification in conjunction with a Return to Work transitional duty program agreement: Yes

This Functional Job Description was completed through an on-site job analysis by a certified professional ergonomist/licensed physical therapist. It is for the purpose of identifying and quantifying the physical functional requirements of this job. The Functional Job Description should not be construed as a detailed description of all specific job duties and/or tools, equipment and materials that may be necessary or incidental to the performance of this job. Further consideration may be necessary when applying the standards to the injured population in the medical management process.

Mark A Anderson, MA, PT CPE Certified Professional Economist **Licensed Physical Therapist** 

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This Functional Job Description has been reviewed by company representatives and is believed to be an accurate representation of most of the job content.

Jeff Wolseth

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& Q Wolesen

Chris Yogerst Sr. Supervisor – Pick/Pack