Functional Job Description: Package Insert Collator

Company:	Bluestem Brands, Inc.				
Job Title:	Package Insert Collator				
Date:	3-12-14				
Dept/Facility:	West DC, St. Cloud, MN				
Product Section:	Package Insertion				
Electronic Doc. #	FJD Package Insert Collator FINAL 3-2014				





Work	Overtime:		tary and/or mand			Breaks:	Two	10 minute	breaks per shift		
Hours	Shift:	Days of week:				Time:					
	First	3 1	to 5 days/week, N	Monday-Frida	ау			6:00 AM to	2:00 PM		
Job Rotat	tion	Yes									
		Educ	ation/ training:	None requ	ired; hi	gh school o	diplon	na or GED p	oreferred.		
Job Train Credentia at Hire	ing or ils Required		rledge/ tive skills:	None required; high school diploma or GED preferred. Basic math, reading, writing and oral communication skills preferred Ability to organize work tasks and work independently or as part of a team.							
Machines Equipmer		dolly,		puter, pen, m					folder totes, 2-wheel compressor, rags,		
Job Purp Objective			e vendor advertis s per holder folde		n outsid	de client int	o adv	ertisement h	nolder folders (up to 16		
Safety an	d Hard H	 Hat	☐ Steel Toe Fo	ootwear	☐ Sa	afety Glass	es		Gloves:		
Personal	☐ Face S	☐ Face Shield ☐ Protective			□ sa	afety Glasses/Side Shields		de Shields	Leather		
Protective		/lask	☐ Safety Vest	ion Harness 🛮 🖾 F		Safety Goggles Hearing Protection*			⊠ Rubberized/cloth*		
Equipmer Required	nt		☐ Fall Protecti						☐ Chemical		
Available			⊠ Back Suppo	rt	Compensatory methods to iitigate heat						
					•				1		
			Meeting and Stretch Industria (includes:)			Industrial Truck Training			aining (Rules and		
Safety/	Safe	ty Topic	cs	☐ EZ-Go							
Equipmen	• Safe	ty Polic	ies	☐ Walkie-Rider			☐ Right to Know				
Training/ Certificati	• Ques	stions &	Answers				☐ Lockout/Tag Out				
Required	_		ety Committee	Forklift (sit down)				Regulated Materials Training			
	IVIINU	1162		☐ Stand-up Reach Truck				(ORM-D)			

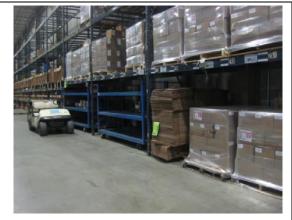
☐ Order Picker

Functional Job Elements (% of Shift is an estimate and may vary from day to day)

1. Receive Inventory (% of Shift: 1%)

Job Title: Package Insert Collator

- On a weekly basis receives inventory of advertisements and holder folders in boxes on pallets.
- Does not require any manual handling on the part of the Package Insert Collator.
- Material Handlers are responsible for conveying the pallets.



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2. Stock Room (% of Shift: 1%)

- The pallets of materials are brought by the Material Handler to a staging area outside the stockroom.
- Package Insert Collator uses a manual pallet jack to move the pallets into the stockroom.
- Distance transported is about 25 to 50'.
- About 35 to 40 pallets/month are moved from the staging area into the stockroom.
- 60# of force required to initiate movement of the loaded pallet jack and 15# of force required to sustain movement of the loaded pallet jack.



3. Two-Wheeler use (% of Shift: 2%)

- Uses a two-wheeler to transport 4 boxes at one time from the stockroom into the inserter room.
- Distance transported is about 50 to 100'.
- Manually loads the two-wheeler.
- Performed daily at the end of the shift to prep for the next day.
- About 48 to 55 total boxes are handled (about 12 to 14 two-wheeler loads) in a 30 minute time frame.
- Box weight ranges from 35# to 50#.
- Two individuals typically involved to handle the 48 to 55 boxes.



4. Load floor/platform/shelves with boxes (% of Shift: 3%)

- Once transported to the Inserter room, manually transfers boxes from the two-wheeler to floor/platform/shelves at the inserter machines.
- There are two inserter machines.
- Some boxes are placed on the floor.
- Some boxes are placed on the platforms at height of about 24".
- Some boxes are placed on the two level shelf at height of about 6" and 24".
- Two individuals typically involved to handle the 48 to 55 boxes.





5. Handles pallets (% of Shift: 1%)

- As pallets are emptied, manually stacks pallets in the stock room.
- About 35 to 40 pallets handled per month.
- Stacked about 8 pallets high (about 4').
- Uses pallet jack to move pallet stack to outside of the stock room.
- Material Handler will then remove the pallet stack.



6. Load insert bundles into inserter (% of Shift: 45 to 90%)

- Cuts boxes open with a knife.
- On average, loads 240 bundles of inserts per hour into the inserter machine slots.
 - ✓ Number based on 20 bundles loaded into 12 slots/hour.
 - ✓ Maximum would be 20 bundles loaded into 17 slots/hour.
- Requires a forward reach of about 20".
- Standing and walking is required.
- Typical bundle weighs 1 to 2#.
- Monitors inserter machine operation:
 - ✓ Empty slots.
 - ✓ Jammed slots.
 - ✓ Wrong count.
 - Cuts down and throws empty cardboard into the gray garbage tubs





7. Places filled holder folders into gray totes (% of Shift: 45 to 90%)

- Filled holder folders come out at the end of the inserter machine.
- Height of the platform at the end of the inserter machine is about 27" at the low end and about 32" at the high end.
- Stacks of them are manually placed into gray totes (located at the right shoulder of the person pictured).
- Standing and walking required.
- Depending on number of inserts per holder folder, the range is 150 to 350 holder folders per gray tote.
- About 20 holder folders are handled at one time.
- The full gray totes are labeled with two labels attached to both sides of the tote.
- About 9 full gray totes per hour are manually transported to the blue carts.
- A full gray tote weighs 22#.
- The blue carts hold 24 totes.
- The three cart shelf heights respectively are: 10, 30 and 52" from the floor.
- Totes are double stacked on the middle shelf and may be double stacked on the bottom shelf. They are never double stacked on the top shelf.





8. Transport blue carts (% of Shift: 1%)

- Once full, two individuals manually transport the cart from the inserter room to the staging area outside the insert room.
- 45# of force required to initiate cart movement and about 15# of force to sustain it.
- Distance transported is about 50 to 75'.
- One cart is transported about every 2.5 hours.



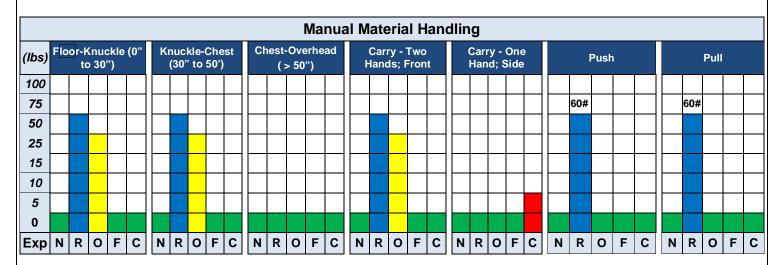
9. Move garbage tubs and dump small garbage can into garbage tub (% of Shift: 1%)

- About 2 times per day moves garbage tubs from insert room to right outside the room.
- Requires about 10# of force to initiate tub movement and 5# of force to sustain movement.
- 1 to 2 times/day manually dumps small garbage can (about 15 to 17# when full) into the garbage tub.





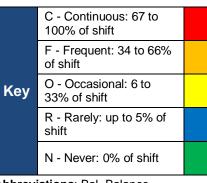
Physical Factors



	Postures/Movements													
Ехр	Sit	Stand	Walk	Bal	Stairs	Lad- der	Foot contrl	Twist Waist	Bend Waist	Squat	Kneel	Crawl	Reach below 54"	Reach above 54"
С														
F														
0														
R														
N														

Head/Neck										
Flex Static	Ext Static	Rot Static	Flex Dyn	Ext Dyn	Rot Dyn					

Han	d Use			S	ensor	у	Communication				
Simple Grasp	Firm Grasp	Fine Manip	See	Hear	Touch Feel	Taste	Smell	Talk	Read	Write	Hand Signal
	Simple	Hand Use Simple Grasp Grasp	Simple Firm Fine	Simple Firm Fine	Simple Firm Fine See Hear	Simple Firm Fine See Hear Touch	Simple Firm Fine See Hear Touch Taste	Simple Firm Fine See Hear Touch Taste Small	Simple Firm Fine See Hear Touch Tests Small Talk	Simple Firm Fine See Heat Touch Taste Small Talk Bood	Simple Firm Fine See Hear Touch Toote Small Talk Bood Write



Abbreviations: Bal=Balance, Exp=Exposure, Contrl=Control, Flex=Flexion, Ext=Extension, Dyn=Dynamic, Manip=Manipulation

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Environmental Factors		pos	sure	e Le	vel	KoylCommonto							
Environmental Factors	N	R	0	F	С	Key/Comments							
Outdoor Work						C - Continuous: 67 to 100% of shift							
Indoor Work						F - Frequent: 34 to 66% of shift							
Heat						Key O - Occasional: 6 to 33% of shift							
Cold						R - Rarely: up to 5% of shift							
Wet/ Humid						N - Never: 0% of shift							
Hearing Protection						Comments:							
Vibration						 Indoor Work: Primary work area is a large indoor warehouse complex. 							
Fumes/Gases/Orders						Noise Sampling: Jeff Wolseth conducted a 30 min noise sampling study on 03-12-14 in conjunction with this functional evaluation. He used a calibrated							
Dust (paper)													
Moving Objects						CEL-231 dosimeter to perform various noise "spot checks" in the employees hearing zone. Results are as follows							
Electrical						Inside work room main entrance (75.4 dba – 77.2dba).							
Chemical						North employee work area / machine running at capacity (80.5)							
Protected Work Heights						 dba – 82.1 dba) (both machines running at same time). South employee work area / machine running at capacity (79.5 dba – 81.3 dba) (both machines running at same time). 							
Unprotected Work Heights													
Flying Debris						Main work room near back doorway , near product stock room (75.0 dba – 76.8 dba.							
Lighting (Inadequate/Excessive)						73.0 dba — 70.0 dba.							

Position eligible to be considered for temporary modification in conjunction with a Return to Work transitional duty program agreement: Yes

This Functional Job Description was completed through an on-site job analysis by a certified professional ergonomist/licensed physical therapist. It is for the purpose of identifying and quantifying the physical functional requirements of this job. The Functional Job Description should not be construed as a detailed description of all specific job duties and/or tools, equipment and materials that may be necessary or incidental to the performance of this job. Further consideration may be necessary when applying the standards to the injured population in the medical management process.

Mark A Anderson, MA, PT CPE Certified Professional Economist Licensed Physical Therapist

Job Title: Package Insert Collator

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Jeff Wolseth

Manager - Occupational Safety and Health

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Manager – Order Processing Manager