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| **Contact Stress Checklist** |

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| **Company:** | Click or tap here to enter text. | **Workstation Name:** | Click or tap here to enter text. |
| **Prepared by:** | Click or tap here to enter text. | **Department:** | Click or tap here to enter text. |
| **Date:** | Click or tap to enter a date. | **Document Number:** | Click or tap here to enter text. |

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| **“NO” answer indicates need for additional investigation.** |
| * **Sharp edge contact stress:** Identified and eliminated, solutions include:
* Ensure correct position relationship between user and workbench:
* Workbench that is too high or low in relation to user can result in sharp edge contact stress.
* Adjust position of user or workbench to alleviate the issue.
* Radius edge of workbench:
* Minimum 1/8th inch is typical recommendation for edge radius to eliminate sharp edge contact stress.
 | Select YES or NO. |
| * **Hard surface contact stress:** Identified and eliminated, solutions include:
* Use anti-fatigue mats to reduce impact of hard surface contact stress.
* Use of proper foot wear is needed to reduce hard surface contact stress.
* Monitor condition of chair seatpan and back support cushions for wear and tear that reduces ability of cushion to provide relief from hard surface contact stress.
* Limit exposure to hard surface contact stress through job rotation strategies.
 | Select YES or NO. |