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| **Contact Stress Checklist** |

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| **Company:** | Click or tap here to enter text. | **Workstation Name:** | Click or tap here to enter text. |
| **Prepared by:** | Click or tap here to enter text. | **Department:** | Click or tap here to enter text. |
| **Date:** | Click or tap to enter a date. | **Document Number:** | Click or tap here to enter text. |

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| **“NO” answer indicates need for additional investigation.** | |
| * **Sharp edge contact stress:** Identified and eliminated, solutions include: * Ensure correct position relationship between user and workbench: * Workbench that is too high or low in relation to user can result in sharp edge contact stress. * Adjust position of user or workbench to alleviate the issue. * Radius edge of workbench: * Minimum 1/8th inch is typical recommendation for edge radius to eliminate sharp edge contact stress. | Select YES or NO. |
| * **Hard surface contact stress:** Identified and eliminated, solutions include: * Use anti-fatigue mats to reduce impact of hard surface contact stress. * Use of proper foot wear is needed to reduce hard surface contact stress. * Monitor condition of chair seatpan and back support cushions for wear and tear that reduces ability of cushion to provide relief from hard surface contact stress. * Limit exposure to hard surface contact stress through job rotation strategies. | Select YES or NO. |