**Introduction to Office Ergonomics for Health Care Professionals (Online)**

**ERGOO Polls 2021**

## ERGOO Slide 5 Successful Workplace

What is the first word that comes to mind when you think about to describe the “Successful Workplace!”

1. Well illuminated
2. Organized
3. Comfortable
4. Productive
5. Quiet

## ERGOO Slide 13 Practice Setting

What type of facility do you work in?

1. Hospital/Health System
2. Corporate Clinic
3. Private Clinic
4. Other

## ERGOO Slide 13 Assessment Experience

How many office ergonomics assessments have you performed?

1. 0
2. 1 to 5
3. 6 to 15
4. Greater than 15

## ERGOO Slide 13 Ergonomics Consultation

Which type of ergonomics of ergonomics consultation have you been involved with?

1. Individual assessments
2. Group/Department assessments
3. Ergonomics program development
4. On-site ergonomics staffing

## ERGOO Slide 32 Single Multi 1

Call Center (telephone/computer use) with 2 shifts of workers sequentially using a desk set up is an example of-

1. Single User / Single Task
2. Single User / Multi Task
3. Multi User / Single Task
4. Multi User / Multi Task

## ERGOO Slide 32 Single Multi 2

Research and development lab where each technician is assigned a multipurpose work bench where they work on a variety of tasks to bring products from design to production is an example of-

1. Single User / Single Task
2. Single User / Multi Task
3. Multi User / Single Task
4. Multi User / Multi Task

## ERGOO Slide 61 Chair Criteria

Which of the following criteria help determine if a chair is acceptable?

1. How long the person is using the chair
2. The size and shape of the user
3. The type of work being done
4. All of the above

## ERGOO Slide 89 Keyboard short cuts

Have you used keyboard short cuts?

1. CTRL-A (Select All)
2. CTRL-C (Copy)
3. CTRL-V (Paste)
4. CTRL-Z (Undo)
5. CTRL-Y (Redo)
6. CTRL-F (Find)

## ERGOO Slide 112 Recommendations for laptops

What recommendations would you make for laptop use?

1. Never Recommend
2. OK to use laptop short term, primary focus on good wrist/arm position
3. OK to use laptop short term, primary focus on good neck position
4. OK to use if job has lots of travel

## ERGOO Slide 133 Dual Monitors

A data entry technician transfers data from reports into a spreadsheet, spending about the same time viewing both screens- which monitor set up is appropriate?

1. Primary/Primary- monitors should be positioned so they are centered on the user
2. Primary/Secondary- primary monitor should be positioned directly in front of the user, secondary positioned off to the side